



7<sup>th</sup> Annual

# GROCERY CART RACES

Tuesday, March 14, 2017

Check in at 6pm- Racing begins at 7 pm

Safeway, 1677 S Havana Street, Aurora CO 80014

Benefiting Comitis Crisis Center and Colfax Community Network (CCN)



## Did you know...

Comitis serves over 111,000 meals to the homeless every year and more than 90 people each month access CCN's food pantry for support. This is one of our biggest fundraisers and donations will be used to purchase perishable food and supplies throughout the year and to support our kitchen and Colfax Community Network's food pantry.



## How Do I Get Involved?

1. Get a team together: 3-4 racers and a Pit Crew
2. Give your team a name, get costumes, decorate your cart!
3. Fundraise – Individuals AND Corporations can help



## Fundraising

There are Platinum, Gold, and Silver team Divisions based on fundraising levels. We encourage you to collect donations for your team and see if your employer will match your team's donation. 100% of the donation is tax-deductible.

Can't make it but want to help? Donate to our Winter Fund/Food Drive here:

<http://coloradogives.org/hungryforhelp>

Questions? Contact Kara at (720) 975-0155 ext. 17 or [kpage@mhbhc.org](mailto:kpage@mhbhc.org)



Comitis  
Crisis  
Center

Program of  
Mile High Behavioral Healthcare



# How the Race is Won

## TEAM LEVELS

**PLATINUM TEAM:** Raise \$751 or more. You get 9 minutes to shop. The Platinum team that gets closest to \$350 in the cart, **under or over**, at checkout wins our coveted Platinum Division mini-grocery cart trophy!

**GOLD TEAM:** Raise \$501-\$750 or more. You get 7 minutes to shop—The Gold team that gets closest to \$250 in the cart, **under or over**, at checkout wins and earns our Gold Division mini-grocery cart trophy!

**SILVER TEAM:** Raise \$250-\$500 or more. You get 5 minutes to shop—The Silver team that gets closest to \$150 in the cart, **under or over**, at checkout wins and earns our Silver Division mini-grocery cart trophy!

## What if my team goes over the allowable limit?

If a team goes **over** the amount that their division allows, anything over the amount can be either

- 1) paid for out of the total amount of donations raised by that team, or
- 2) paid by private donation.

## Tie breaker

If there is a tie in a division, e.g., two GOLD teams have the same dollar amount of groceries in their cart, the tie will be broken by looking at the grocery receipt to see which team purchased the most number of items for that amount of money.

## More Racing Rules

1. **TEAM CHECK IN:** is at 6 p.m. sharp: Team Racers will need to process any last minute donations, sign a waiver, and get ready to rumble!
2. **CART DECORATING:** starts at 6 p.m.: Your Pit Crew can do this while your Racers are checking in.
3. **NO RUNNING:** **“U RUN & UR DONE!”** Safety first. Running = Disqualification.
4. **WHAT TO “BUY”:** Attached is a wish list for the COMITIS and CCN FOOD PANTRIES. Items in red are particularly needed – Safeway will place special stickers on these items to flag them for the races.  
*Hint: Prices in the store change on Wednesdays.*
5. **QUANTITIES:** You can “buy” a maximum of 5 of any one “SKU” number.  
*For example, a team can get 5 cans of Safeway brand tomato soup, 5 cans of Campbell’s soup, etc.*
6. **ONE CART PER TEAM:** one team per company, no extra handbaskets/bags.
7. **STAY WITH YOUR CART:** All racers must stay with their cart (no “divide and conquer”).
8. **CHECKING OUT:** Go to check stands 1 & 2 at the end of the race.
9. Zero taxes!!
10. Yes, you can use your Safeway Club Card and manufacturers’ coupons.

## After the Race

There is a Benefit Night/Awards Ceremony immediately following the race. Trophies and plaques will be awarded for the Top Fundraiser, Best Team Costume & Best Cart Decoration.

**Gibby’s Big Backyard, 1555 S Havana St.** is just north of Safeway, within walking distance. There will be a taco bar sponsored generously by Havana Business District.

**GROCERY CART RACES**  
**TEAM REGISTRATION FORM**

**TUESDAY, March 14, 2017. CHECK-IN at 6pm.**

**REGISTER BY March 10, 2017**

Call Gayle at 303-360-7505 or email [Gayle@OnHavanaStreet.com](mailto:Gayle@OnHavanaStreet.com)  
or Kara at 720-975-0155 or email [kpage@mhbhc.org](mailto:kpage@mhbhc.org)

The maximum number of teams is 35, so REGISTER ASAP.

**YOUR TEAM**

Please complete this form and bring it with you to the race.

<b>TEAM INFORMATION</b>	
TEAM NAME	
TEAM CAPTAIN	
PHONE	
<b>TEAM MEMBERS (3-4 people)</b> <b>Each team member must sign a waiver and release of liability form (attached).</b>	
NAME and PHONE	
NAME and PHONE	
NAME and PHONE	
NAME and PHONE	

**GROCERY CART RACE FOR COMITIS CRISIS CENTER  
TUESDAY, March 14, 2017. CHECK-IN at 6 PM  
WAIVER AND RELEASE OF LIABILITY**

**Complete one form per team member:**

As a participant in the Grocery Cart Race Event for Comitis Crisis Center on Tuesday, March 14, 2017, I hereby release the Havana BID, Albertsons-Safeway Denver Division, Comitis Crisis Center and their respective officers, directors, board members and employees (hereinafter collectively referred to as the "Co-Sponsors") from any cause of action, claim, or demand of any nature whatsoever, which I may now have, or may have in the future against the Co-Sponsors, or any of them, on account of personal injury, property damage, death or accident of any kind arising out of or in any way related to my participating in the Grocery Cart Race for Comitis Crisis Center. This release shall be binding on me and any other person or persons making a claim by or through me or on my behalf.

Media Release Waiver: I grant to the Havana Business Improvement District, Albertsons-Safeway Denver Division, Comitis Crisis Center and their representatives and employees the right to take photographs of me and my property in connection with the grocery cart race and to copyright, use and publish the same in print and/or electronically. I agree that the Havana Business Improvement District, Albertsons-Safeway Denver Division and Comitis may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and web content, use and publish the same in print and/or electronically.

I ACKNOWLEDGE THAT I HAVE READ, UNDERSTOOD AND VOLUNTARILY EXECUTED THE ABOVE WAIVER AND RELEASE OF LIABILITY:

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Parent or Guardian's Signature if a team member is 18 years or younger:**

\_\_\_\_\_ Date: \_\_\_\_\_

Thank you,

Gayle Jetchick, Executive Director  
Havana Business Improvement District 303-360-7505

**Grocery Cart Race for Comitis Crisis Center  
 Tuesday, March 14, 2017  
 Safeway, 1677 S. Havana St. Aurora, CO 80014**

## Donation Sheet

Each team member can use a separate sheet, if you want. Donations to Comitis are tax deductible. Please list the names and addresses of everyone who donates so Comitis can issue a receipt for the donations.

**Please bring your donation sheets along with your donations in cash or checks when you check in for the Grocery Cart Race at 6 p.m. on February 23, 2017 at Safeway.**

Team Name: \_\_\_\_\_

**Please make checks payable to: Comitis  
 P.O. Box 919, Aurora, CO 80040**

Name	Address	Phone	Amount
<b>Total Amount of Donation</b>			<b>\$</b>

## **WISH LIST**

**Please prioritize these items as you compete in Cart Races! (Items in red are particularly needed)**

### **Fats, Oils, Spices and Sweets**

Jelly and jam  
Sugar  
Mayonnaise  
**Olive Oil**  
**Hot Sauce**  
Salt  
Pepper  
Minced garlic  
Family sized tea bags  
**Nutmeg**  
**Chili powder**  
**Cinnamon**  
**Ground basil**  
**Cayenne pepper**  
**Garlic powder and salt**  
**Onion salt**  
**Seasoning salt**  
**Cumin**  
**Rosemary**  
Baking Powder  
Baking Soda

### **Milk, Yogurt and Cheese**

Canned and boxed pudding  
Pudding cups (non-refrigerated)  
Crackers and cheese snacks  
Powdered milk

### **Meat, Poultry, Fish, Eggs and Nuts**

**Canned tuna**  
**Canned chicken**  
**Canned beef stews**  
**Peanut butter**  
**Beef Jerky**  
**Canned Ravioli**  
Peanuts  
Almonds

### **Vegetables**

Rotel chili

**Any kind of soup**  
Canned tomato products  
Spaghetti sauce

### **Fruit**

**Canned fruit**  
Raisins  
Applesauce  
Dried fruits (packaged)  
Fruit leather (100% fruit)  
Canned and boxed 100% juice  
Capri Sun juice boxes

### **Bread, Cereal, Rice & Pasta**

Rice and rice mixes  
Chips/snacks  
**Top Ramen**  
**Dry noodles and pastas**  
**Cold cereals**  
**Hot cereal mixes**  
**Oatmeal**  
Crackers  
**Granola bars, Cliff bars, Pop Tarts**  
Graham crackers

### **Other**

**Dry Laundry Detergent**  
Lemonade mix  
Kool Aid (sugar added)  
Kitchen serving utensils (metal preferred)  
**Styrofoam cups, bowls, plates**  
**Plastic forks, knives, spoons**  
**Sandwich bags (Ziploc preferred)**  
**Freezer bags (Ziploc preferred)**  
**Feminine hygiene products**  
**Hair gel**  
**Deodorant (men's and women's)**  
Can Openers

# Interested in Sponsoring?

## Corporate Sponsorship

Contact James Gillespie or Kara Page at 720-975-0155

### Platinum Sponsorship \$10,000

1. Your corporate logo on all ads and media for the event and on the Mile High Behavioral Health/Comitis website for one year.
2. Naming rights to the Comitis Crisis Center kitchen for a full year.
3. Free registration for two teams to race in the PLATINUM division.

### Gold Sponsorship \$5,000

1. Your corporate logo on all ads and media for the event and the Mile High Behavioral Health/Comitis website.
2. Free registration for two teams to race in the GOLD division.

### Silver Sponsorship \$2,500

1. Your corporate logo on all ads and media for the event and the Mile High Behavioral Health/Comitis website.
2. Free registration for two teams to race in the SILVER division.

**Can't make it to the event but want to help? Donate to our Winter Fund/Food Drive here: <http://coloradogives.org/hungryforhelp>**

This event supports:



Comitis  
Crisis  
Center

Program of  
Mile High Behavioral Healthcare



**YOU'RE INVITED!**  
**7<sup>th</sup> ANNUAL GROCERY CART RACES**  
**AWARDS CEREMONY**

Tuesday, March 14, 2017 (immediately following race)

GIBBY'S BIG BACKYARD  
1555 S HAVANA ST  
AURORA CO 80012  
(Just north of Safeway, within walking distance)

Taco bar sponsored by Havana Business District. Cash bar. Kid-friendly!



**shavana**  
STREET